

# UNHAPPY NEVER AFTER NEWSLETTER

Oletha Palmer- Author

I am back with an exciting quarter. I pause to extend heartfelt gratitude for all your feedbacks and encouragements. Please get comfortable and enjoy reading this quarter, my prayer is that each newsletter reminds you that you are not alone.



## Treading this quarter

- Interview with divorcees
- How to have a Christ-centered life after divorce
- Fashion tips
- Cooking tip
- Did you know... fact about divorce
- Advertisement

***“Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.” Ephesians 3:20***

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### Interview with the Andre` & Gail McLeans'

- How would you describe your life now?

Fulfilled, balanced, equal. We finally feel like we're living in our purpose.

- What would you change in your life if you could?

Having the ability to do what we want when we want to (Financial freedom).

- Did you get support during your divorces?

My wife's family supported us fully. They guided us and protected our integrity.

- How important would you say that support is?

Very important as it strengthened the foundation of our relationship allowing us the freedom we needed to express and grow as a couple.

- Would you describe yourselves as God-fearing?

No. We don't fear God. We love God. We see God as the source of all things. Not an entity who judges and chastises instead God is that life force that dwells within us and gives us unconditional love instead of fear.

- How has been your Christian journey now?

Not applicable. We see ourselves as spiritual not religious. Our spiritual journey has been excellent as we both strengthen each other in meditations, affirmations and the fostering of unconditional love.

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### Interview with the McLeans' continue

- Are you more motivated now?

We're motivated because we have found something so precious to cherish and so each day we strive at being our best selves for each other.

- On a scale of 1-10, 10 being the highest how would you describe your emotional state?

10. We're ecstatic to have found each other.

- What encouragement would you give to persons just coming out of a divorce?

We would have to be aware if the person/s is absolutely certain of the move their making. If they are, then we would advise them of the great new possibilities that exist on the other side. We would encourage them to have an amicable relationship, if possible with their exes since this helps some persons to release the anger and move on in a healthier way. When the decision is made, one has to make him/herself priority and when people ignore criticisms as the critics don't feel it so they wouldn't know.

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### How to have a Christ-centered life after divorce by Rev. David Wright J.P.

A Christ-centered life after divorce is not easy but it can be achieved. Once you remain focused, and again, remaining focused is another challenge. One of the first things we need to remember is that while Christ hates divorce, He loves the divorcee.

There are some denominations, church folks, pastors and other leaders that may scorn or scoff and even go as far as condemning a Christian that has faced divorce, even though the scripture in Matthew 7:1-2 states “*Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.*”

The truth about it is God loves you as an individual, the act is what He does not like, and the act of it does not disenfranchise you, or disqualify you from the love of God.

There are three things that is important for you to do, to have and maintain a Christ-centred life.

The first thing you must first learn to do is to read the Word (the Bible) for yourself, not only reading the word but try to apply the word. Psalm 119:1 states “*Thy word have I hid in mine heart, that I might not sin against thee.*”

The second thing is praying, learn to pray and keep doing so one day at a time, try to maintain and have a prayerful life. Romans 8:26 states “*Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.*”

The third things is recognizing that the presence of God is still there with you and it is Christ that you are connected to and not man.

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### How to have a Christ centered life after divorce- by Rev. David Wright J.P ( cont'd)

The harsh reality is there are verbal and non verbal comments that are given by some of our leaders, sad to say Pastors are sometimes a part of it. These actions spoken and not spoken allows divorcees to feel as if they cannot live a Christ-centered life after, the feeling of being condemned and rejection . I am encouraging you remain focused, and keep your relationship with God.

Let me hasten to say this, you can love again, you can have a great relationship and enjoy the best of life after divorce. Even though, one of the hardest challenges divorcees will have to remain Christ-centered , is the ability to manage one's sexual emotions.

The feeling of needing a partner, the craving for intimacy will be there, but then you have to remain focused and in the right time you will find the individual who is chosen by God for you. Romans 8:5 says *"For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit."*

One of the things I say to individuals who are divorcees, like myself is that not all marriages are sanctioned by God, some are out of lust (physical attraction), or the benefits they can get from the relationship and not for pure love and compassion that should be there to hold both individuals together.

Living a Christ-centred life after divorce can be achieved by knowing and having a personal relationship with God, and never allowing persons to speak or look down on you.

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### How to have a Christ centered life after divorce- by Rev. David Wright J.P.(cont'd)

The society that we live in, you will always encounter persons who will speak negatively about you and allow life to seem more difficult than it should be.

As I stated previously, while Christ hates divorce, He loves the divorcees and so allow your relationship to remain with Christ; knowing that life goes on, and remember these three important things, read the word of God, be prayerful and recognize that the presence of the Lord is always with you.

Remember that life happens and it will always happen, but we have to rely on the Holy Spirit to guide us not in somethings but in everything.

I hope that this will help someone to let you know that you can live a Christ-centred life after divorce. Man will disqualify you but God loves you as a divorcee.

Stay blessed.



Rev. David Wright J.P, is the Pastor of two churches in Jamaica-Savoy and Lower Christiana New Testament Church of God, with a Deliverance Fasting Ministry every Thursday at the Savoy New Testament Church of God (beside the Petcom Gas Station, Savoy Crescent, Christiana, Manchester)

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### Recipe

#### Honey Butter Skillet Corn

##### Ingredients:

- 2 tablespoons butter ( salted preferred)
- 2 tablespoons honey
- 1 bag (16 oz) frozen corn
- 2 ounces cream cheese, cut into chunks
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper



##### Directions:

1. In a skillet pan, melt the butter and honey over medium-high heat. Once melted, add the frozen corn and cook for 5-8 minutes, stirring occasionally, until the corn is cooked through.
2. Add the chunks of cream cheese, salt, and black pepper to the skillet. Stir everything together and let it cook for another 3-5 minutes, stirring occasionally, until the cream cheese is melted and the mixture is well combined.
3. Serve the Honey Butter Skillet Corn immediately. Any leftovers can be stored in a covered container in the fridge.

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### Fashion tips ...from Andre` & Gail McLean



Matching black casual simply elegant

Matching in white, with a simple necklace very nice



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### Facts about divorce

Dr. John Gottman- Marriage & Relationship expert states:  
“The average couple waits six years before seeking help for marital problems. Keep in mind that half of all marriages fail in the first seven years, the average couple lives for far too long with unhappiness.



Savoy New Testament Church of God,  
Deliverance Fasting Ministry every  
Thursday- join on Facebook under the  
name David Wright.

**Andre McLean**

**Musician/ Beatmaker**

**For all weddings, funerals, church services and  
functions you can personal tracks and  
cover/customized tracks for several genres, do  
not hesitate to call Andre' McLean.**

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